

GODDESSES IN OLDER WOMEN

~11-Week Fall Class--\$130 Resident

~Fri. Sept. 11-Nov. 20 10:00am-12 noon

~**Capitola Recreation**

www.CityOfCapital.org/Recreation

Call: (831) 475-5935

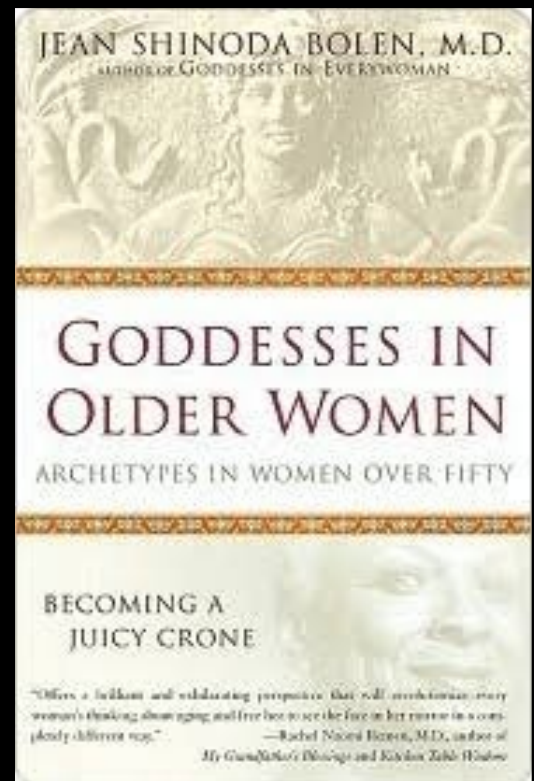
Come explore & celebrate the Goddess archetypes that support/fulfill us in our third phase of life

During our eleven weeks together, we will:

- ☐ Read about two Goddesses a week, then we'll circle together to share how they are impacting our lives
- ☐ Do a 1-hour Goddess date each week exploring one of the Goddesses we are studying & bring something for our centerpiece or wear something to honor her
- ☐ Discover Goddess archetypes coming to us as older women that support us and give new insights, energies, and resources
- ☐ Rediscover Goddess archetypes that were with you as children and young adults that have guided you and still may be an important presence in your life
- ☐ Create 2 collages about your favorite/influential Goddess archetypes

About the instructor:

Robin Everest retired in 2018 from teaching professional writing and career planning at Santa Clara University and currently teaches *Crafting Your Life After 55* workshops and *The Artist's Way* classes.



Jean Shinoda Bolen, M.D.

Please bring Jean's book to class.
Group limited to six women.